

WELCOME TO OUR

Weekly Newsletter

we're so glad you're here!

HEY, HOW ARE YOU?

A Message from our Clerk

It was wonderful to welcome Rev. Connor back to us after vacation.

Most of our weekly ministries have already started up with the exception of our Homeschool Co-Op which begins on January 23rd.

Please remember our once monthly potluck, on the last Sunday of the month at 4:30PM. If you are bringing a gluten-free dish, please label it so our gluten-free friends can enjoy.

Yours truly,
Bethany Wheaton | Clerk





From The Pastor's Pen

***The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy. Nothing worthwhile is easy.
Martin Luther King, Jr.***

New years has come and gone, and many of us have made a variety of resolutions. Maybe it was to eat better, exercise more, or drink more water. Mine this year was to try and get less screen time, and more reading and hobby time in. But regardless of what you chose, generally a resolution is to try and make yourself, or your situation better. The new year causes us to reflect on what is going well in our lives, and what is not, and making a change (hopefully) for the better.

While this is a good thing from a secular perspective, I think it is something we should come back to as Christians as well – and probably more than just once a year. It has been unfortunate, that topics like self-discipline and discipleship are so rarely taught, because they are so important. To be a disciple, means to follow. Not blindly, but out of a sense of respect, admiration and love for who you are following. Not following like a dog follows their owner, but following like a student to teacher, or patient to doctor, or child to parent.

This also carries with it the idea of becoming more like that person as well. A disciple is not content with following for followings sake, but rather taking those teachings and ideals, and changing both themselves, and the world around them for the better. There are many verses that speak to this, Luke 14:27, John 8:31-32, Matthew 5:14-16, to name a few. All of these speak to bettering yourself by becoming more like Christ, and then in turn, showing that to the world and people around us.

Fortunately for us, this is a wonderful process, one that will sharpen and refine you as a person. Unfortunately, it takes a lot of effort to pull off. Because of this, I think a lot of us are guilty of not allowing God to put us through the refining fire more than we should – and the world picks up on this.

In his article “When Christians Mistreat Restaurant Servers Right After Worshiping God” ([Click here](#)), Shane Pruitt lists out how out of all the demographics that wait staff serve, it was the Christians, after church, that they disliked the most. I really recommend reading the article, and it is a little old (published in 2017), but I think it speaks to a deeper truth than we realize sometimes. People see what we do and will judge the faith, church, and its operations partly on your actions.

So maybe our resolutions need to be focused on that this year, or maybe we need to be more focused on it in general. Is your life bearing fruit (Galatians 5:22-23), that draws others in? Or is it keeping others away, while claiming to be good fruit? If you are struggling with this, then keep struggling with it and grow from it, but never give up. Don't you dare go hollow.

Cheers, Rev. Connor Kehoe

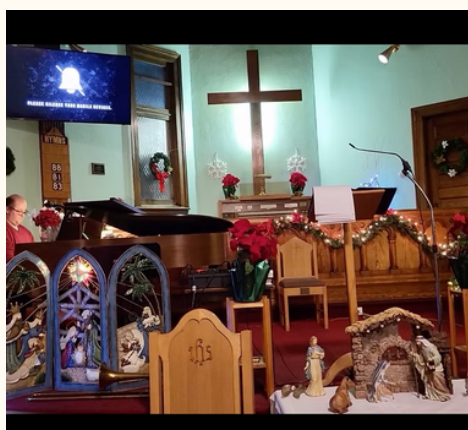


Last Sunday's Service

[Click Here](#) – Sunday,
January 11th 2026

Weekly Ministries

Our weekly ministries would not be possible without our faithful volunteers and all of you who uphold each one in prayer.
Thank you for all that you do!



Sunday Evening Service
6PM with Rev. Connor Kehoe

Faith & Fact
Mondays at 6PM
This is our weekly Bible Study.



Homeschool Social Group

what is this?

- Freeplay
- Games
- Making Friends
- Weekly Teaching Theme
- Outings
- Science Experiments
- Community Outreach

Canning Baptist Church
Start Date: 13th Jan
Time: 1 pm - 3 pm
TUESDAYS

Cost:
Free!

Contact:
902-582-3237
canningbaptist.ca
2223 North Ave, Canning

Homeschool Social Group
Tuesdays from 1-3PM
Free! No sign-up required.

Men's Group
Tuesdays at 7 in Port Williams.
See Jonathan State-Taylor for
directions to the
"Barndominium".





CHAIR EXERCISE
With Robin!

Chair Exercise combines aerobics, core strengthening, bone density improvement, all without leaving the stability of your chair.

| | |
|-------------------------------|--|
| Thursdays from 1:30-2:30pm | Held at the Canning Baptist Church 2223 Route 358, Canning NS |
|-------------------------------|--|

No signup required - just drop in.

Chair Exercise (Not Yoga)
Thursdays from 1:30-2:30PM.
\$3 per session
No sign up required.
Questions? Contact Robin by
email at luke-4@hotmail.com

Prayer Meeting
Thursdays at 6PM.
All are welcome to attend.



AGES 4+
(NURSERY PROVIDED
FOR YOUNGER KIDS)



Canning Homeschool Co-op

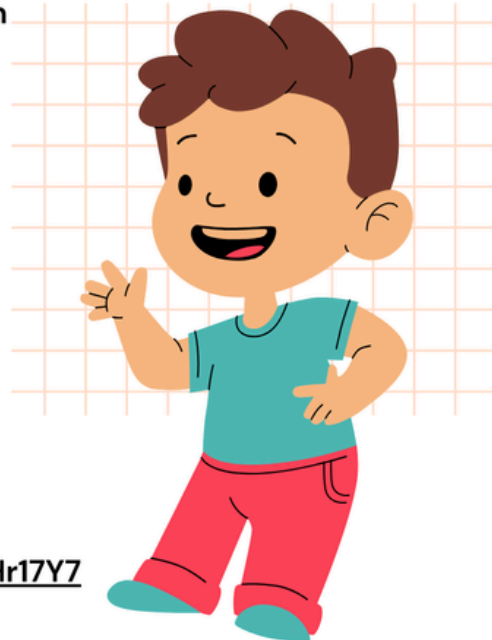
2026

For more details contact:

Connor
theghostsnoper@protonmail.com
902-582-3237

or Justine
justinejames15@outlook.com

- ✓ Fridays from 1-3PM
(Jan 23-Feb 27 2026)
- ✓ \$10/family for the 6-week
session



REGISTER NOW



<https://forms.gle/ak1CC19PcCuHr17Y7>



Canning Baptist Church
2223 North Ave, Canning
www.canningbaptist.ca

We're excited to begin another 6 week session of our Homeschool Co-op. Share this with anyone you know who might be interested.

Please have them register here:

<https://forms.gle/ak1CC19PcCuHr17Y7>



Contact Information

HAVE A QUESTION? NEED TO GET IN TOUCH WITH US?

Pastor: Rev. Connor Kehoe

Email:
theghostsnoper@protonmail.com

Clerk: Bethany Wheaton

Email:
bethwheaton@live.ca

Director of Music & Worship

Pastor Stephen Wheaton

Email: stephenw444@hotmail.com

WWW.CANNINGBAPTIST.CA